

W O M E N

Defending Our Lives

43 minutes/1993

Added: 9/99 Requests: 1 User rating: 4.0

Cambridge Documentary Films

Cambridge, MA

This Academy Award-winning documentary exposes the magnitude and severity of domestic violence in this country. The film is an effective tool for discussions about domestic violence, criminal justice, social legislation, law enforcement, and more. Includes study guide and resource guide. AVAILABLE FROM: Cambridge Documentary Films, PO Box 390385, Cambridge, MA 02139-0004 or cdf@shore.net. Website: <http://www.shore.net/~cdf>.

Detecting Changes in Your Breast

16 minutes/1986

Added: 9/96 Requests: 1 User rating: 5.0

Medcom/Trainex

Cyprus, CA

This video explains the role of breast self-exam and mammography in the identification of breast lesions in their initial developmental stages. The step-by-step demonstration of the breast self-exam technique is enhanced by discussions of what can be found and when it should be done. The detailed presentation of mammography includes a visualization of an actual procedure as well as discussion of who should have a mammography and when the mammogram should be performed. AVAILABLE FROM: Medcom, Inc., 12601 Industry St., Garden Grove, CA 92641. Phone: (800) 877-1443.

I'm Every Woman

70 minutes/1994

Added: 1/01 Requests: 0 User rating: n/a

Homeless Health Care Los Angeles

Los Angeles, CA

One program at Homeless Health Care Los Angeles is "Women Empowering Women," where women can discuss and work out issues like substance abuse, sexual abuse, and incest – all integral components of health care. This video captures role-playing dramas of 12 women who act and reflect on their personal experiences. AVAILABLE FROM: Homeless Health Care Los Angeles, 1010 South Flower St., #500, Los Angeles, CA 90015. Phone: (213) 744-0724.

It Was a Wonderful Life: Hidden Homeless Women

60 minutes/1993

Added: 1/01 Requests: 0 User rating: n/a

Filmakers Library

New York, NY

Jodie Foster narrates this chronicle of six former upper middle class women who had it all, lost it, and became the "hidden homeless." At first glance, you won't realize they are without homes, but they struggle to survive one day at a time. Many were left in financial straits following a divorce, loss of a job, or a long illness -- reduced to living out of their cars or finding temporary shelter with friends. They eke out an existence picking up bits of work. With strength, humor, and pride, these women manage to survive. This award-winning video challenges our notion of who can feel secure in society. AVAILABLE FROM: Filmakers Library, 124 East 40th St., New York, NY 10016. Phone: (212) 808-4980; Fax: (212) 808-4983. COST(includes s/h): \$55 for small non-profit agencies.

Race, Gender and Primary Health Care

53 minutes/1996

Added: 9/97 Requests: 4 User rating: 5.0

Bureau of Primary Health Care

Office of Minority and Women 's Health

In 1995, the Office of Minority and Women 's Health (OMWH) hosted its first women 's health colloquium. Dr. Marcia Bayne Smith, professor of Health/Physical Education at City Univ. of NY, gave an inspirational speech on the importance of understanding the role of culture in women 's health. This video is a recording of that presentation. AVAILABLE FROM: Bureau of Primary Health Care, Office of Minority and Women 's Health, Suite 3, 4350 East-West Highway, Bethesda, MD 20814. Phone: (301) 594-4490.

Rewind: It Could Have Been Me

13 minutes/undated

Added: 9/96 Requests: 20 User rating: 4.7

*Morning Glory Films**Hudson, NY*

Rewind: It Could Have Been Me is the story of Diane, a homeless woman. Through animation, viewers are given the opportunity to see beyond appearances and learn her story. The video opens with Diane as an angry, alienated woman living on the streets. Her story is told in reverse, from the present to the past, revealing the details of her life (where she came from, how she lost her job, her apartment and her child), and how she came to live on the streets. *Rewind* is about learning to understand that there is more to a person than first impressions. It reminds the audience that the dilemmas that lead to homelessness are often not too distant from our own.

Sexual Assault Awareness

150 minutes/undated

Added: 1/01 Requests: 0 User rating: n/a

*United Against Crime**Ft. Worth, TX*

This video offers crime prevention tips for women to protect themselves from sexual assault. It is produced through collaboration with the National Crime Prevention Council, the National Sheriff's Association, and Radio Shack. An FBI supervisory special agent profiles behavior patterns for several types of rapists and discusses the dangers of providing confrontational advice. AVAILABLE FROM: Leah McCloe, United Against Crime, 101 One Tandy Center, Ft. Worth, TX 76102. Web site: lmccloe@tandy.com.

Women: Coming Out of the Shadows

27 minutes/1991

Added: 1/99 Requests: 23 User rating: 5.0

*Fanlight Productions**Boston, MA*

An estimated six million women in the United States are alcoholic. In this video, 10 female alcoholics share their personal stories about the development of their addiction, from its early stages through the beginnings of recovery in a substance abuse program. Their stories, along with commentary from experts on alcohol and treatment, provide a disturbing, but highly effective introduction to the disease and the ways it affects women in particular. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. Phone (800) 937-4113.

Women, Drugs, and the Unborn Child

58 minutes/1991

Added: 9/96 Requests: 1 User rating: 4.0

*Pyramid Films**Santa Monica, CA*

Designed for healthcare professionals, this video is an excellent resource. Drug use has startling implications when the user is pregnant. This video examines the issues surrounding prenatal drug and alcohol use. AVAILABLE FROM: Pyramid Film and Video, 2801 Colorado Ave., Santa Monica, CA 90404. Phone: (213) 828-7577

Women of Hope

22 minutes/1989

Added: 1/99 Requests: 0 User rating: n/a

*WCAU TV**Philadelphia, PA*

This documentary introduces the viewer to the realities of life on the streets through the voices of several homeless or formerly homeless mentally ill women. The centerpiece of the video is Women of Hope, a permanent residence for homeless mentally ill women. Sister Mary Scullion, director of Women of Hope, describes the extensive street needs and problems of her clients and explains the outreach and engagement process used to convince homeless street women to accept help. The film provides glimpses into the despair felt by many homeless women as well as the hope and opportunity for a new life offered by comprehensive programs such as Women of Hope.

Women of Substance/Version I

30 minutes/1992

Added: 9/99 Requests: 5 User rating: 4.4

*Video Action Fund
Washington, DC*

This video depicts heart rending stories about three women and their children, substance abuse, and its impact on their world. It is also a story about courage and determination to rebuild their lives. It is now known that the best ways to help the children is to help the mothers, and the best way to reach the mothers is through their children. Narrated by Joanne Woodward, this version is most suitable for community activist gatherings and grassroots outreach campaigns. AVAILABLE FROM: Video Action Fund, 3034 Q Street NW, Washington, DC 20007. Phone: (202) 338-1094.

Women of Substance/Version II

10 minutes/1992

Added: 9/99 Requests: 1 User rating: 5.0

*Video Action Fund
Washington, DC*

This 10-minute public awareness video is an abbreviated form of a longer version (Version I, above). It introduces the complex issues related to women, addiction and treatment. It is suitable for community meetings, fund raising efforts and targeted educational campaigns. AVAILABLE FROM: Video Action Fund, 3034 Q Street NW, Washington, DC 20007. Phone: (202) 338-1094.

Women Speak Out

40 minutes/1999

Added: 8/01 Requests: 0 User rating: n/a

*Community Connections
Washington, DC*

This 40-minute inspirational video highlights women speaking out about abuse. The video can be used as a good training tool to introduce trauma issues to administrative staff, residential and vocational counselors, substance abuse counselors and case managers. In the video, women share the impact of abuse on their lives, their personal struggles and losses, how abuse fosters secrets, lies and distortions, advice on how to let go, and what's helped them feel empowered and be able to move on. Maxine Harris, PhD, narrates the video and provides facts and prevalence data related to trauma. AVAILABLE FROM: Community Connections, 801 Pennsylvania Ave. SE, Suite 201, Washington, DC 20003. Contact: Jerri Anglin. Phone (202) 608-4791. COST: \$75.